

Back to the Future?



For those of us who can remember the sixties and seventies, the current interest in 'real' primary foods and vegetarian and vegan cuisine, seems like a real blast from the past. I can remember spending Saturday mornings in Ourabouros, the wholefood shop on Mansfield Road in Nottingham, filling our own paper bags with dried goods of one kind or another, but we were also part of a home delivery wholefood co-op: one of us took responsibility for collating everyone's orders, doing the business with the

wholesaler and receiving the stuff. Co-ops like these seem to be coming back into favour and it's certainly the case that bulk buying from ethical suppliers is having something of a resurgence.

So, if anyone out there is interested in doing something like that in Welton, I would be pleased to hear from you. Take a look at the website of suppliers like Suma to see the range of what's available and if you might be interested, give me a ring.

Graham Nicholls
860454