



St Barnabas Lincolnshire Hospice

A big hello from everyone at St Barnabas Hospice. We hope you are staying safe and looking out for each other in what is rather a worrying and very challenging time for many.

The summer holidays are about to end so why not sign up for some last minute fun?!

On Yer Bike, 100 Kilometres of Summer Cycling: Join our St Barnabas challenge for new or veteran cycling enthusiasts. We want you to get on your bike, whether that be your exercise bike at home or out and about in your local area following social distancing and government guidelines.

You need to complete 100 kilometres (62 miles) of cycling by the end of summer on your own, as a group or with your entire family. You can ride as a virtual group through Zwift or on your own. We are setting you a fundraising target of £100, so make sure your friends, family and colleagues see those lycra-clad selfies and add your JustGiving link to the post.

Giant, your local bike specialists, will be offering training tips and bike care advice and local routes from *Access Lincoln* will be on our *Adventure with St Barnabas in Lockdown* Facebook group. Each participant will get a St Barnabas jersey (or a St Barnabas bandana for kids) for signing up, a medal and a virtual pat on the back once you've completed the challenge.

Donations and Shops:



Since we have started to reopen our stores, we have been overwhelmed by our fantastic donors! Thank you so much for your donations, we are so humbled by the incredible amount of support we have received.



Our supporters have been so generous that we have managed to fill several buildings with donations, as you can see in the photographs! We are so grateful to everyone who has donated their items for our charity shops. These are being stored for 72 hours before we begin sorting through them, so having a little time to process these and make some space would be great.

We are asking you if you can just PAUSE these donations for a week or so to give us time to sort them and re-stock the shops. We can then create more space to start accepting donations again. Because of these wonderful donations our shops are crammed full of great items, from clothing to homeware, toys to books, electric items to furniture. Please visit our website at www.stbarnabashospice.co.uk/shops to get up-to-date information on your local shop opening hours as they may have changed.

All our shops have been provided with everything to ensure the safety of our customer, staff and volunteers, including PPE, hand sanitiser on entry and one-way systems. We are also following government guidelines and insisting that all customers (unless exempt) wear a mask when coming into our stores. We are looking forward to welcoming you all back to our shops; we have missed you!

House Clearance & Furniture Collections: We recommenced our furniture collection service on 20th July. Our drivers are taking extra precautions which can be discussed on the phone. Our house clearance service will begin in August, again with extra safety measures in place.

With St Barnabas Shops re-opening, more volunteers are needed to help with sorting donated stock, pricing items, till work and merchandising. If you're unemployed, furloughed or a school leaver and you want to keep active, add to your CV and give back to a local charity, please e-mail volunteering@stbarnabashospice.co.uk or ring 01522 518221.

St Barnabas Hospice is facing £1,000,000 losses due to cancelled fundraising events and activities. Despite this St Barnabas continues to provide vital care and support to many vulnerable patients throughout Lincolnshire living with life-limiting or terminal illnesses.

In addition to virtual events, you can support us by joining our lottery, leaving a gift in your will, dedicating a dragonfly in memory of a loved one or simply by making a donation. The Hospice has a range of ideas suited to all types of supporters. You can view the list at www.stbarnabashospice.co.uk/fundraising-ideas.

Again, thank for your continued support in what is a very challenging time.

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